



ADVANCE HEALTH CARE DIRECTIVE Do you have one?

If you have a respiratory emergency due to COVID-19, would you want to be placed on a ventilator? What kind of medical care do you want when your prognosis is unpredictable?

We can help you complete your Advance Health Care Directive to express your wishes so you and your family will have peace of mind that your wishes will be carried out.

SPECIAL ZOOM WORKSHOPS

You will need an iPad, Computer, or Smart Phone

INFORMATIONAL SESSIONS: Place – in your home or office			
Day	Date	Time	Note
Thurs.	Aug. 13, 2020	3:00-4:00 P.M.	
Sunday	Sep. 20, 2020	3:00-4:00 P.M.	<i>Families Encouraged*</i>
Wed.	Oct. 14, 2020	3:00-4:00 P.M.	
Sunday	Nov. 22, 2020	3:00-4:00 P.M.	<i>Families Encouraged*</i>

** Have mom, dad, grandparents participate with you.*

REGISTER ONLINE at:

<https://www.communityfirsthawaii.org/registration/>

OR PHONE: Amy Hamane, 935-1500 or Rosemary Burnett, 987-4405

-An Advance Health Care Directive (AHCD) is an important gift to your loved ones so that they won't have to guess what you want if you no longer can speak for yourself.

-We will provide a step-by-step explanation on how to complete your AHCD.

-If you already have a Living Will, a Health Care Power of Attorney, or an Advance Health Care Directive, learn how to review it to be sure it meets your needs today.

-It's not easy to talk about how you want the end of your life to be. But it's one of the most important conversations that you can have with your loved ones.

Sponsored by Community First's Committee on Advance Health Care Directives.

Committee Members: Charlene Iboshi, Amy Hamane, Anthony Kent, Nic Los Banos, Kim Kobayashi, Katherine Rycraft, Laura Ota, Tricia Kimura, Sonja Gumbs, Patricia Bourke, Sally Mermel, Jeri Kawakami, Barbara DeLeon, Roxanne Ikeda, Lani Weigert, Gail Kahookele, Rosemary Burnett.

Mahalo to the Hawaii County Office of Aging & the Aging and Disability Resource Center.